Pregnancy Information for Students



UNM is dedicated to safeguarding the rights of all pregnant individuals. UNM provides reasonable modifications and accommodations for pregnancy or related conditions, including lactation, for current and prospective students. This poster shares quick information for students seeking support for their pregnancy or related condition. Looking for info on lactation stations? Learn more <u>here</u>.

How do I request a modification?

Chat with your professor about options available. If you or your professor need help, contact the Title IX team for more assistance. You can reach us at 505-277-5251 or <u>titleix@unm.edu</u>. You can also submit an accommodation request <u>here</u>.



If you're experiencing health-related concerns due to pregnancy, contact the Accessibility Resource Center (ARC) for assistance at <u>arcsrvs@unm.edu</u>.

Modifications can look like:

- Excused medical appointments
- Breaks during class
- Available, clean lactation space that is not a bathroom, shielded from view and free from intrusion from others
- Extension of time for coursework and rescheduling of tests and exams
- Allowing pregnant student to continue participating in classes and extracurricular activities
- Changes to physical space or supplies
- Voluntary leave of absence for medical reasons and reinstatement upon return

